



# *Proclamation*

## **Self-Help Awareness Day September 14, 2007**

WHEREAS Self-help groups provide emotional support and practical help in dealing with problems common to all members of society; and

WHEREAS Self-help groups help Nova Scotians in improving control over their health by increasing their knowledge, skills, and resources for individual and collective action; and

WHEREAS People who participate in self-help groups show great courage and resourcefulness as they support each other;

THEREFORE, BE IT RESOLVED THAT, I, Mayor Peter J. Kelly, on behalf of Halifax Regional Council, do hereby proclaim September 14, 2007, as Self-Help Awareness Day and would urge all citizens to support this worthy campaign to promote self-help throughout Nova Scotia

Dated at Halifax, Nova Scotia  
this 11<sup>th</sup> day of September, 2007.

Peter J. Kelly  
Mayor

A handwritten signature of Peter J. Kelly, consisting of a large, stylized 'P' and 'K'.

