

**TAOIST TAI CHI AWARENESS DAY  
AUGUST 24, 2002**

**PROCLAMATION**

WHEREAS Taoist Tai Chi, an ancient Chinese exercise system, is a series of 108 slow relaxed movements, widely practiced throughout China and has quickly become popular in Canada; and

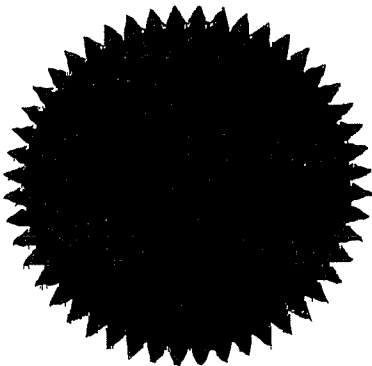
WHEREAS Taoist Tai Chi is a complete exercise system which relieves stress and develops flexibility, strength and coordination; and

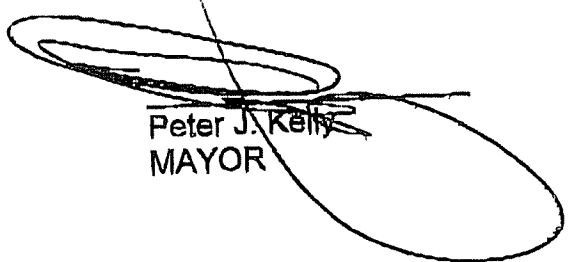
WHEREAS Over the years it has proven itself to be an ideal exercise for Atlantic Canadians of almost any age and state of health; and

WHEREAS The Taoist Tai Chi Society is commemorating their 32<sup>nd</sup> Anniversary in Canada, their 22<sup>nd</sup> Anniversary in Halifax and their 12<sup>th</sup> Anniversary in the Atlantic Regional Centre.

THEREFORE, BE IT RESOLVED that, I, Peter J. Kelly, do hereby proclaim Saturday, August 24<sup>th</sup>, 2002 as TAOIST TAI CHI AWARENESS DAY in the Halifax Regional Municipality.

Dated at Halifax, Nova Scotia  
this 20<sup>th</sup> day of August, 2002.



  
 Peter J. Kelly  
 MAYOR