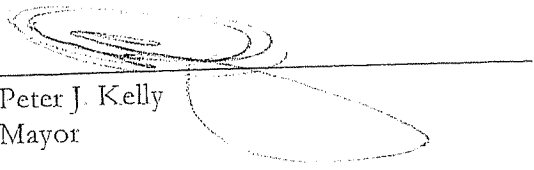


Proclamation
Taoist Tai Chi Awareness Day
August 23rd, 2008

- WHEREAS Taoist Tai Chi, an ancient Chinese exercise system, is a series of 108 slow relaxed movements, widely practised throughout China and has quickly become popular in Canada; and
- WHEREAS Taoist Tai Chi is a complete exercise system which relieves stress and develops flexibility, strength and coordination; and
- WHEREAS Over the years it has proven itself to be an ideal exercise for Atlantic Canadians of almost any age and state of health; and
- WHEREAS The Taoist Tai Chi Society is commemorating their 38th Anniversary in Canada, their 28th Anniversary in Halifax and their 18th Anniversary in the Atlantic Regional Centre.

THEREFORE, BE IT RESOLVED, that I, Mayor Peter J. Kelly on behalf of Halifax Regional Council, do hereby proclaim August 23rd, 2008, as **TAOIST TAI CHI AWARENESS DAY** in the Halifax Regional Municipality

Dated at Halifax, Nova Scotia
this 12th day of August, 2008


Peter J. Kelly
Mayor

