

P.O. Box 1749 Halifax, Nova Scotia B3J 3A5 Canada

Item No. 14.1.1 Halifax Regional Council December 8, 2015

TO:	Mayor Savage and Members of Halifax Regional Council
SUBMITTED BY:	Original signed by (\mathcal{R})
	Richard Butts, Chief Admin/strative Officer
	Original Signed by
	Mike Labrecque, Deputy Ohief Administrative Officer
DATE:	20 November 2015
SUBJECT:	Donair – Official Food

<u>ORIGIN</u>

Motion of the October 20, 2015 meeting of Halifax Regional Council, item 11.5.5, as follows: That Halifax Regional Council request a staff report to consider approving the donair as the Official Food of Halifax Regional Municipality.

LEGISLATIVE AUTHORITY

Halifax Regional Municipality Charter ("HRM Charter"), subsections 58(1) (2) (3)(4):

58 (1) The Council shall make decisions in the exercise of its powers and duties by resolution, by policy or by by-law.

(2) The Council may exercise any of its powers and duties by resolution unless a policy or a by-law is required by an enactment.

(3) The Council may exercise by by-law any of the duties and powers that it may exercise by resolution or policy.

(4) The Council may exercise by policy any of the duties and powers that it may exercise by resolution.

RECOMMENDATION

Staff has no recommendation.

If Council wishes to proceed, a member of Council may move that Halifax Regional Council authorize and direct that the Mayor make a proclamation declaring the donair the official food of Halifax.

BACKGROUND

On October 20 2015 Regional Council requested a staff report to consider approving the donair as the official food of Halifax Regional Municipality.

Council discussion on October 20, 2015 described the donair as an iconic and unique food in this region which may warrant special status. As highlighted in the material accompanying the original motion, many sources cite the donair as Halifax's official food however there has been no formal designation by the municipality to this effect. Staff has attached this material to this report for Council's reference. The motion and the donair generally has garnered significant media interest. Attached is a select list of media articles on the donair.

Some orders of government have defined procedures in place to identify official status. For example, in the Province of Nova Scotia, official statuses of various kinds are proclaimed as an Act of the Legislature and confirmed in provincial legislation; such as:

- the Official Tree Act declaring the red spruce (Picea rubens) to be the arboreal emblem of the Province;
- the Provincial Fossil Act declaring the reptile fossil Hylonomus lyelli to be the Provincial Fossil of the Province,
- the Provincial Horse Act declaring the Sable Island Horse as the Provincial Horse of the Province; and
- the Provincial Dog Act declaring the Nova Scotia Duck Tolling Retriever as the Provincial Dog of the Province.

By convention, the Mayor may make proclamations. A proclamation is effectively a notice made by the Mayor. It serves the purpose of highlighting a cause/ topic or identifying a special occasion. A proclamation has no effect in law.

DISCUSSION

In the absence of detailed staff analysis, including consideration of supporting processes to identify and evaluate other official foods or other official features, staff would not put forward a recommendation for a proclamation. It is at Council's discretion to direct a proclamation by the Mayor.

There is nothing to prevent Regional Council from recognizing the donair and drawing attention to it by directing the Mayor to make a proclamation declaring the donair the official food of Halifax.

FINANCIAL IMPLICATIONS

There are no financial implications resulting from this report.

COMMUNITY ENGAGEMENT

None

ENVIRONMENTAL IMPLICATIONS

None

ALTERNATIVES

1. Maintain status quo

ATTACHMENTS

- 1. Reference Material previously provided to Council on October 20, 2015.
- 2. List of media interest in the donair provide to staff by Councillor Mosher.

A copy of this report can be obtained online at http://www.halifax.ca/council/agendasc/cagenda.php then choose the appropriate meeting date, or by contacting the Office of the Municipal Clerk at 902.490.4210, or Fax 902.490.4208.

Report Prepared by: Maggie MacDonald, Managing Director, Government Relations and External Affairs 902.490.1742



P.O. Box 1749 Halifax, Nova Scotia B3J 3A5 Canada

Item No. 11.5.5 REVISED

		Reque	est for Council's Considera	ation	
х	Included on Agenda (Submitted to Municipal Clerk's Office by Noon Thursday)		Added Item (Submitted to Municipal Clerk's Office by Noon Monday)		Request from the Floor
Date	e of Council Meeting: Tues	sday, O	ctober 20, 2015		
Sub	ject: Donair: Official food	of Halif	fax Regional Municipality		
Mot	ion for Council to Conside	r:			
	fax Regional Council reque d of Halifax Regional Muni			roving tl	he Donair as the Official
Rea	son:				
by F in 19 bec Prov Dow to H	Peter Gamalakos. He opene 973. The Donair was a stap ome an iconic food and sy vince of Nova Scotia has a vntown Halifax Business C	ed Halif ble food mbol o dvertis ommis irst Do	ax's first Donair shop, The l item for families and stud f Halifax Regional Municip ed the Donair across Cana sion has used it to promot nair. The Donair has broug	e King o dents in pality and ada to at te down	d Nova Scotia. The
	- Halifax Magazine - Halifax Herald	Air Car ain sou 3 Devou	nada's EnRoute Magazines ght out a Donair and ate o ur Foodfest		e attending the opening
	 The former Daily News 	promo	nadian Cookbook ition for the 2015 Blue Jay I it Number two in its listin		ven Wonders of Halifax,
	 behind Citadel Hill Described in the Globe Closeified's music vide 		I		
	 Classified's music vide Culturetrip.com – Dona 		a of Comodolo Finkt Natio	nal Dial	

Discussion:

The Donair is made of heavily spiced ground beef that is shaped into a large loaf and roasted on a vertical rotisserie, then shaved and seared on a flat top range. The meat is placed on a thin, Lebanese-style pita and topped with tomatoes, raw onions and a sauce. The Donair Sauce is an addictively sweet blend of evaporated milk, vinegar, garlic powder and sugar. The sandwich is wrapped in tinfoil and eaten out of hand.

The Donair's unique blend of spicy meat and sweet sauce has brought recognition for Halifax unlike any other food. Many magazines, websites and articles cite the Donair as Halifax's official food; however, we do not have this specific designation. In the summer of 2015 Edmonton Council was looking into designating their food and articles mentioned that some Edmontonians wanted the Donair as their official food, but noted that Halifax already has the Donair as our official food. The Donair was invented in Halifax Regional Municipality and we need to make this official.

Outcome Sought:

It has been 42 years since the Donair was invented and it has become an important part of Halifax Regional Municipality's culture and identity.

"The donair is to Halifax what the *banh mi* is to Saigon, the *jambon-beurre* to Paris. It is a quintessential Haligonian gastronomic experience, as East Coast as Jiggs dinner." *The Globe & Mail**

In addition to these Cities, others are known for their foods such as Philapelphia for the cheesesteak, and Chicago for its deep dish pizza, The Donair should be proclaimed as Halifax's official food.

*Halifax's donair: The tastiest treat you have probably never heard of - SIMON THIBAULT, Special to The Globe and Mail, Published Wednesday, Jun. 13, 2012 6:06PM EDT

Councillor Linda Mosher

District 9



Nova Scotia, Canada

NORLD'S BEST

ELEBRATING 220 GREAT DESTINATIONS





VITAL STATS

 Year the Old Town Clock was installed 1803, and still ticking

Number of *Titanic* victims buried in Halifax. An estimated 150

- Number of college students Approximately 81 per 1,000 people, three times the Canadian average
- Year Halifax-Dartmouth ferry service started 1836, making it the oldest continuous satiwater ferry service in North America

 Number of lighthouses 25 Haligonians celebrate a roster of year-round pleasures. Winter offers sleigh ride harvests, ice wines, and ice-skating. Come summer, this coastal city blossoms for vibrant shopping, nightlife, and dining.

A LA CARTE

Halifax's Hoagies and, Yes, Wines

 Raise a toast to Nova Scotia's growing wine industry. The small province is home than 70 grape growers, producing rustic wines, plus notable ice and sparkling win at Obtadee Wine Bar (1600 Barrington St.) and stock up on Benjamin Bridge and yards bottles at Bishop's Collar (1477 Lower Water St.).

 The doner kebab is a quintessential Mediterranean dish, the donair is a uniquely variation on the classic. It replaces the traditional spit-roasted lamb with spiced be a sweet secret sance, diced tomatoes, and diced onion, all wrapped up in pita. The for donairs is its 1970s originator, King of Donair (original location: 6420 Quinps which parlayed the sandwiches' popularity into a well-loyed franchise.

306 WORLD'S BEST CITIES

A perfect mess

ITS INVENTOR DIDN'T LIVE LONG ENOUGH TO SEE WHAT A LOCAL ICON IT WOULD BECOME — THE DONAIR'S 40-YEAR HISTORY

BY RICHARD WOODBURY Photos by steveness







Just as mysterious as the meat is, the same could be said of the origin of the delightful donair. An internet search will yield conflicting information on its origins, as does researching local newspaper archives. "As you can imagine, the story ends up growing over the years," says Norman Nahas, whose family owns King of Donair, "It's like the Chinese telephone game."

Most stories about the donair begin and end with King of Donair, as it says it was the first to introduce the donair in Canada in 1973. While it was popularized at the King of Donair location on Quinpool Road, the donair actually came into existence one year earlier. But not in Halifax.

The setting was a pizza shop in Bedford called Velo's Pizza, owned by a Greek immigrant named Peter Gamoulakos who came to Canada in 1959. At Velo's, he sold the traditional Greek gyro—and it wasn't a hit. "People didn't like the [tzatziki] sauce," says Leo Gamoulakos, Peter's son. So Gamoulakos set out to retool it into something that appealed to local taste buds. "He noticed the trend in Nova Scotia was all about sweet things...so he created donalr sauce," says Leo.

The sauce consisted of five ingredients: evaporated milk, sugar, vinegar, garlic powder and parsley. "The reason why Dad would use parsley was because...your breath would smell," says Leo. "The parsley would kill that and took away the smell."

The next thing Gamoulakos worked on was the meat. He changed it from lamb to hamburger and



A second s

HOW TO EAT A DONAIR

There's a sign at King of Donair's Quinpool Road location that explains how to eat a donair. It advises people to simply peel back the foll and eat it like an ice cream cone. Seasoned donair consumers know that can be a messy proposition. In the interests of keeping one's face and hands clean (as well as their shirt stain-free), there's no shame in using a fork and knife.



easy seperating donair fact from fiction.

incorporated many spices, including salt, pepper, cayenne pepper and oregano. "There's a lot of them," says Leo. With the sauce and meat in place, the donair was born, but it attracted little attention at first. Leo attributes this to the fact that Bedford would have seemed considerably more distant from Halifax back then.

In 1973, Gamoulakos opened King of Donair on Quinpool Road. There, things changed for the donair. "When they went to Quinpool Road, you had all the latenight business, you had all the movie theatres, the Oxford Theatre was there, so there was lots of traffic there," says Leo. "It just started to take off."

Forty years later, the donair has become an important part of Halifax's culture and identity. In 2007, *The Daily News* named it number two in its listing of the Seven Wonders of Halifax. The province even used the donair as part of its Come to Life campaign in 2007, citing it as something that resonates with Nova Scotians, just like the ocean.

One of Canada's hest known chefs, Michael Smith, once wrote in The Daily News that the donair was "a modern link to the ancient rituals of our ancestors. The primal essence of celebrating a successful hunt with fresh meat dates back thousands of years, and guys all over the world are still drawn to fire to relieve that genetic longing." That seems a little deep.

Nahas offers a simpler explanation, saying that part of the donair's appeal is watching it be cooked, cut and wrapped. (There is something almost hypnotic about watching the meat slowly rotate on its vertical spit.) The taste obviously has something to do with it too. "It's a fusion of flavours all at one time, between the spiciness of the meat and the sweetness of the sauce," says Nahas. "It's quite the contrast. It just makes the perfect melody when it's all put together."

Donair afficionado Jason Lindsay loves the food for a simple reason. "Whenever I eat donairs, memories come back to me," he says. In his case, it's the memories of the "innocent, carefree days" of his youth. Mention a donair to someone and it will likely trigger a memory. "There are people on every street in this country that I guarantee either have a story about a time where they were eating a donair in their youth, or know somebody who has directly told them a story about eating a donair in Halifax," says Lindsay.

For Leo Gamoulakos, the donair serves as an important link between generations. His father died in 1991 and never got to see just how embedded the donair would become in Halifax's culture. "Prior to his death, he was extremely excited that it went as far as it did," says Leo.

Leos only child, a daughter, never got to meet her grandfather. But thanks to the donair, there's a connection that will live on forever. "She's never met him, but she knows of him and she knows what he's created," says Leo. [1]





DONAIR, DONER AND GYRO?

Chances are if you describe a donair to somebody who's never heard of one, they'll think you mean a doner or gyro.

All three involve meat cooking on a vertical rotating spit, which is then carved and served on some form of bread with a sauce and other toppings. While a donair is easy to describe, as it's just donair meat, sauce, onions and tomatoes served on a pita, there really isn't such a thing as a typical doner or gyro. There are many regional variations, both within the country of origin and around the world,

While the doner is Turkish in origin, worldwide meat options include iamb, chicken, veal and beef. The gyro is Greek and its meat options include pork, chicken, lamb and veal. For this reason, trying to define a quintessential doner or gyro is a bit like trying to define the quintessential pizza—there is no such thing.



Devour! The Food Film Fest: Donairs in Anthony Bourdain's future

THE CHRONICLE HERALD Published November 13, 2014 - 7 57am

Famous chef puts delicacy on list of must-try foods



Chef and lelevision host Anthony Bourdain addresses the media during a Devour! The Food Film Fest event at Acadia University in Wolfville on Wednesday evening. (CHRON:CLE HERALD)

Yes, Anthony Bourdain has heard of donairs.

And the man who makes his living travelling the globe and eating strange foods can't wait to try one.

"I don't think I'm going to get a chance to have one this time, but actually it's No. 1 on my list. And I'm not joking at all," said the ho of Parts Unknown on CNN and The Taste on ABC.

"I look for unique foods, unique to the region. It is your most famous, it's the signature dish ... like the New York dirty water hotdog We love it, we don't apologize for it. When we do a show in this area, (a donair) will probably be the first thing we go for."

Bourdain was in Wolfville on Wednesday to help kick off Devour! The Food Film Fest. Dressed in black except for low-cut canvas sneakers with no laces, he mingled at the festival's opening gala and sampled the wares from a dozen local chefs.

"Eating a lot of food, a lot of food," he said in between nibbling and posing when his lecture manager asked how he was doing.

Many of the chefs asked him to sign books or pose for photos, but Marc Gabrieau of Gabrieau's Bistro in Antigonish was less faze greeting him with "How ya doin', buddy?" and handing him a plate of lamb sweetbreads and chorizo gumbo, which Bourdain ate and then said "Whoa!"

He also singled out for praise chef Mark Gray of Halifax's Brooklyn Warehouse, who served rabbit in a pig blanket, a dish Bourdaii described as "bat-crap crazy."

His TV shows have produced several episodes in Canada, but this was his first visit to the Maritimes, though he imported lots of food from Nova Scotia when he was a New York chef.

"I'm familiar with some of the history, with the Acadian diaspora. I'm very familiar with a lot of the products, a lot of seafood, a lot o shellfish over the years, mussels, oysters, a lot of fish."

http://thechronicleherald.ca/novascotia/1250784-devour-the-food-film-fest-donairs-in-anthony-bourdain-s... 15/10/2015

Bourdain has a huge Twitter following but downplayed the relevance of social media.

"I'm often drunk when I tweet," he said, drawing a big laugh at the festival opening news conference. "If a restaurant is having a bad day, I'm not going to tweet-shame them. I don't like to tweet negative things, because people get hurt, so in that respect I try to be responsible."

Asked what has made him most proud during his varied career, he mentioned a recent show he did in Iran, and his fathering skills.

"And I was on The Simpsons."

About the Author =

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THE GLOBE AND MAIL*

Halifax's donair: The tastiest treat you have probably never heard of

SIMON THIBAULT Special to The Globe and Mail Published Wednesday, Jun. 13, 2012 6:06PM EDT Last updated Thursday, Jun. 14, 2012 3:12PM EDT

There is a ritual that happens every weekend in downtown Halifax. It starts around 2 in the morning, when bars start to close and throngs of people congregate at the downtown intersection of Blowers and Grafton Streets, better known as Pizza Corner. They seek slices of pizza, subs and, above all else, donairs.

The donair is to Halifax what the *banh mi* is to Saigon, the *jambon-beurre* to Paris. It is a quintessential Haligonian gastronomic experience, as East Coast as Jiggs dinner. Best eaten late at night and on the street, it is a sweet and savoury, tasty and messy snack for meat lovers. For a long time, it was something you rarely found outside of the East Coast, save for poor imitations and pretenders.

To the uninitiated, the donair is intimidating. First, there is donair meat, heavily spiced ground beef that's shaped into a large loaf and roasted on a spit, then shaved and seared on a flat top range. The meat is placed on a thin, Lebanese-style pita and topped with tomatoes and raw onions. The donair sauce is an addictively sweet blend of evaporated milk, vinegar, garlic powder and sugar. The sandwich is wrapped in tinfoil and eaten out of hand. Kind of. As the pita has a tendency to sop up the juices and sauces, making the bread fall apart, donairs are best eaten over a cardboard plate and as far away from your body as possible.

The history of the donair is a little murky. Its predecessor, the doner kebab, was made in the 1950s by the owner of a Turkish kebab house in Berlin. The Greek adaptation, the gyro, soon followed, and it was this version that Peter and John Kamoulakos tried to introduce to Bluenosers during the late 1960s at their small restaruant in Bedford, N.S. The brothers soon found, however, that Nova Scotians weren't so fond of lamb served with a yogurt-based sauce. They ditched the lamb for beef and crafted the distinctive sweet sauce, creating something quite removed from shawarma and kebab.

Today, there's a restaurant chain named after donairs and almost every pizza place sells them. Chinese takeout joints serve donair egg rolls. Ontario-based chain Pizza Pizza had a donair recipe created for them when they branched out to Atlantic Canada. Outside of the Maritimes, nostalgic diners have to be resourceful to get their fix. Food-based message boards are filled with questions about where to find "authentic" donairs. And some have taken matters into their own hands, fine-tuning recipes until they get the right mix. For instance, Glen Petitpas, a Hawaii-based Haligonian astronomer and computer engineer, gained a global following for posting detailed recipes on his website, using insider knowledge from a friend at a well-known Halifax donair joint.

The search for donairs outside of the Maritimes is getting easier. In Milton and Burlington, Ont., there's a small chain called Halifax Donair and Pizza. In Calgary, Jimmy's A&A offers a version. And in Toronto you can find it on the Danforth in a little place called The Fuzz Box. Owner and chef Neil Dominey, who hails from Berwick, N.S., was tired of his cravings going unfulfilled. "I tried 10 different donair recipes," he says. "Some didn't have enough paprika or oregano, but I combined a few recipes to get what I wanted." His dedication to the creation of the perfect donair does not mean that he is a purist. He serves his donairs with Greek, rather than Lebanese pitas. "Customers love it," he says. "They prefer it, as the thing holds together, but I do keep the Lebanese on hand, just in case someone asks."

On the other side of town, Hopgood's Foodliner is also serving them, albeit a slightly upscale version, adding a bit of pork in the mixture and folding them like tacos. Chef Geoff Hopgood, a Bluenoser himself, sells about 400 of donairs a week. "They're tasty, grimy, fun and nostalgic for me," he says. "They can be the perfect snack food with a can of Labatt 50."

Many argue, however, that they are best experienced back East, preferably late at night, with a hankering for something greasy, sweet and meaty. Oh, and as for eating them? There is an unspoken code among donair diners. No one ever looks good eating them, so no one judges you, even if you do have sauce drizzling down your chin. Just give'er.

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East Coast wrap stars: Toronto gets collectively obsessed with the Halifax-style donair

JON SUFRIN



THE FUZZ BOX'S SIGNATURE HALIFAX-STYLE DONAIR: A SOFT PITA TOPPED WITH BEEF, ONIONS AND TOMATOES — BEFORE (L) AND AFTER (R) THE REQUISITE SWEET AND GARLICKY SAUCE

Canadian food is disgusting. As a nation, we are sloically proud of this fact. Few countries are as talented at taking gross food and making it even more gross than it was previously. We think tomato juice should have clam juice mixed into it. Our French fries come drenched in gravy, with cheese curds that squeak. And when a pita wrap is put into the hands of a Nova Scotian, it ends up drowned in a sauce that's so sweet it simply defies common sense.

Until recently, many Torontonians were unaware that Nova Scotia had a distinctive take on the gyro (or, if you're Turkish, the doner kebab, or, if you're Arab, the shawarma), known variously as an East Coast donair, a Halifax donair or a Nova Scotia donair. This food is as Canadian as poutine and equally as obnoxious

The East Coast donair is what happens when you take some plta bread, put meat on it (usually beef) and apply too much of a sauce made from evaporated or condensed milk. Add some chopped onions and tomatoes. Do not add tabbouleh, pickled beets or tzatziki,

Historical accounts of the donair are fuzzy. One version contends that they were invented in the '70s by brothers Peter and John Kamoulakos. They had been trying to sell standard lamb-based gyros, but pitas stuffed with meat and yogourt were somehow not as easy to sell as pitas stuffed with meat and yucky-yummy white sauce. The new sweet-

Originally from Albania, Musa doesn't centre his business around these donairs, but they are here for \$6.99 a pop. He's secretive about how they're made (this much is certain: the beef is cooked on a spit), but the sauce is sweet enough to be considered sufficiently obscene, which is really all that matters. Toppings are optional, tomatoes, red onions, tabbouleh or lettuce, and, yes, it's all packed inside a regular thin pita, which Musa says absorbs the sauce better.

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Musa's donair is noticeably different than Dominey's or Hopgood's, but it hits the same notes, so any debate about "authenticity" is mostly irrelevant. Musa also makes a tastier, if less substantial, donair than Dominey.

Now that the secret's out — that pita wraps can indeed be made to suit the irreverent Canadian palate — East Cost donairs are bound to start popping up all over the place. And although that may be bad news for healthy digestive tracts, it's certainly good news for the hangover afflicted.

Hopgood's Foodliner, 325 Roncesvalles Ave., 416.533.2723 The Fuzz Box, 1246 Danforth Ave., 416-769-1432 College Falafel, 450 Ossington Ave., 416-532-8698

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Canada is a country of immigrants. With the exception of the Abonginal Peoples, all Canadians are from or are descended from peoples of other lands. Consequently: Canadian cuisine is an eclectric mix of mony cultures. Canada was home to the first culturary society in the New World, the Order of Good Choer founded by Champlain in early 17th century Neva Scoba

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Article History (45) Comments (25)

Popular ethnic cuisines include the omnipresent Italian and

Chinese restaurants in larger communities, you'li likely find Japanese. Vietnamese. Thai, Indian German, middle eastern, and Greek cuisine. In the cosmopolitan hubs of Toronto, Montreal, and Vancouver, you'li find anything and everything under the sun. One interesting difference between Canada and its American neighbor is Mexican restaurants. Though plentiful south of the border, they are considered more of a specialized cuisine here (with the exception of Toco Bell).

Hamburgers: Although Canadians are just as fond of hamburgers all Americans are Americans are sometimes dismayed that they are not able to order hamburgers indexed rare or medium-tare Canadian health regulations require hamburgers to be cocked to well done, due to the risk of contamination by Elicoli 0.157 H7. So don't blame the restaurant for denying your request, their hands are tied.

Canadian been: Americans may find Canadian beens strong in flavour. Europeans might prefer Canadian beens. The most popular Canadian beens are Molson Canadian and Labett's Blue. Molson is the oldest brewery in North America, established in 1786 in Montreal. If interested in popular regional beens try Moosehead (New Brunswick). Alexander Keith (Novo Simita). Gehan House (Charlottetown. PEI). Unbroue (Quebec), Big Rock (Alberta) or Kickanee (British Columbia). There is also a burgeoning craft-brewing scene in Canada. particularly in British Columbia. Quebec and Ontario. This link shows a list of craft breweries in Canada. Canadian wines: Canada is famous for its ice wines, but there are many wina growing regions in the country. In the west, the Okanagan valley of BC has many wineries, while in eastern Canada, it is the Nagara pennisula of Ontario that is best known for its wines. Better quality Canadian wines have Vinitiers Quality Aliance (VOA) togo on the bottle.

Popular food culture in Canada is worthy of note. Families will generally gravitate towards countless "road houses" that seem to serve the same burgers, chicken wings, and salads. Large American family restaurant chains such as International House of Pancakes or Bob Evans have not had much luck in Canada. Typically, American chains in Canada charge the same prices as in their U.S restaurants, adjusted to Canadian dollars according to the exchange rate.

Canadians seem to printer less publicized independents or regional chains. An exception is roast chicken. Verging on national food status. Canadians have a love aftair with the roussorie roasted chicken. The megalchains of S. Let 1° tails (iron cinanie) and S. Haem can between the two of them be found from coast to coast. They offer fresh food and a very good opportunity to go mingle with locals. The Keg Stenkhouse otlers good quality fresh food in a casual atmosphere, but as a steakhouse the Keg does not cater to families (otthough there is a chidden's menu). Evers (formerly Joey's Only) specializes in seatood, most locations also offer roussene chicken and ribs. [HOP fans will find Smity's a good source of pancakes and other comfort food, while Cora's offers fruit laden brunches.

Within the fast food scene, in addition to the usual global chains (Hurver, 5 is a "made in Canada" alternative. This Canadian style fast food burger is typically ghiled and you get to choose your toppings as your hamburger is prepared for you at the counter. Quebec has a unique fast food culture of its own and offers fast food items that are not available elsewhere.

f.f.: Sim is a Canadian chain of submarine sandwich shops, somewhat analogous to Subway, which also is ubiquitous in Canada

Em Hotorus is a national institution with college baked goods fresh sandwiches and soups Many offer 24 hour walk in and drive-thru service. With over 2 500 outlets "Tummes" is the targest fast food chain in Canada, surpassing the McDonald's hamburger empire both in earnings and number of stores.

Restaurant hints & tips: Like the southern United States. Canadians apparently prefer their iced tea prepared sweetened. Before you order, make sure it's the way you want it. Also, most places charge for refilts of tea and colo.

For information on tipping in Canadian restourants see litside Canads. Epping and Et quelte -

Haute cuisine Like all Western national Considian cues have many fine restaurants. More recently the major centers have begun gaining international reputations for their cuisine. Rob Feen e in Vancouver, and Susur Lee in Toronto are two examples of Canadian chefs gaining international attention and celebrity. Feenle and Lee have appeared on the popular TV series *Iron Chef America*. twice: Tract Part Lodge in Nova Scotia has gained international renown for its seafood cookery and cutinary classes.

Uniquely Canadian foods

If you ask a Canadion "What food is uniquely Canadian?" chances are most will mention " poat no ", a 20th century concoction from Quebec that combines french fries with cheese curds and gravy Most visitors find the concept disturbing but quickly grow to love it. Poutine is now readily available scross the country in many last food and casual restaurants.

Touritera is a meat pix made with ground pork, ground veat, and/or ground beef and spicas, it is part of French Canadian food culture across the country and throughout the year, but is especially popular at Christmas and New Year's Ideally, it is home made, but it can also be bought premade in grocery stores across the country.

Contains are a Lanadianized version of the middle eastern dover kababiliound most often in Attantic Canada and Alberta (brought by Mantimers who travel there to work). A donar is made of donar meat (spicy meation) cooked on a vertical spit, sliced off the spit for serving), placed on a pita bread and piled up with chopped onions, lettuce, and/or tomatoes. Donair souce (a sweet creamy sauce) is distibuted on top before the pita is folded to make the whole thing into a wrap. Careful, it is very messy to eall Note that, for food safety reasons, the donair meat must be heated up (ined, microwaved) after slicing. Fans of gyros may recognize the meat, but it is the garficky sweet sauce that makes the difference. It is traditionally served in a steamed pita, which makes it potentially quite messy to eat Attantic Canadian pizza chains often make "donair pizza", another way to experience this uniquely Canadian meat.

Thick pea soup, made from yellow or green split peas, is also an important French-Canadian contribution to food culture, and is a popular "comfort food" acress the country

Pickerel flah (what Americans call "walleye") smoked Winnypeg goldeye, whitefish, and of course wild salmon all have a special place in the hearts of many Canadians.



NOVASCOTIALIFE.COM











11 In 1973, future restaurant chain King of Donair opened in Halifax, Nova Scotia and claimed to be the first in Canada to serve a unique version of the Mediterranean sliced meat sandwich. Their first location on Quinpoo! Road is still there today.

News / Edmonton

Green onion cakes proposed as City of Edmonton's official dish



STEPHANIE DUBOIS/METRO Kien Ngo, staff member at Pagolac Restaurant on 97 Street, says green onion cakes are ordered daily by customers

By: Stephanie Dubois Metro, Published on Thu Dec 05 2013

They're circular, they're edible and green onion cakes are Edmonton's unofficial dish of choice, according to one Edmontonian.

Salma Kaida has been working hard at convincing locals the deep-fried food has become a staple at local festivals and restaurants much like Quebec's poutine dish and Halifax's donair claim.

With a blog and a Make Something Edmonton web post dedicated solely to the dish, Kaida wants to make it official.

"There's something about green onion cakes and this city that really get along," she said.

Green onion cakes aren't native to Edmonton and as explained by Royal Alberta Museum (RAM) officials, the popular dish is a traditional northern Chinese food. It was first brought to Edmonton in the 1980s after the city saw an influx of Chinese immigrants, many of which came from northern parts of the country.

One of those immigrants decided to open up a restaurant and after needing a supplemental income, he started making green onion cakes at festivals, said museum officials. Since then, it has become a popular food staple at many local festivals such as Taste of Edmonton and Edmonton International Fringe Festival.

http://www.metronews.ca/news/edmonton/2013/12/04/green-onion-cakes-proposed-as-cit... 15/10/2015







Search. the water the

Canada's 8 National Dishes and Where to Find Them

Strate

With diverse cullnery influences ranging from European settlers to American neighbours to centuries of immigration. Conadian cuisine often proves difficult to define. While the everarching style of the country's eclectic cuisine is almost impossible to describe, there are many local dishes that Canadians take great pride in Here are some of Canada's must-try meals



Ottawa, Canada Day 2012 | # Jael Bedford/Filcki

Montréal Smoked Meat Sandwich

A popular dish served at Montréel delis, the Montréel smoked meat sondwich consists of slices of spiced beef served on thick rye bread, dong with plenty of yellow mustard Although smoked meat is not unique to Montréal, its preparation is distinct from other types and typically involves a generous sprinking of cracked peppercorns. The resulting meat is usually sweeter and less spicy compared to other kinds of smaked meat though each dell has their own unique take on this national dish

Where to try it. Schwartz's Montréal Hebrew Delicatessen

Schwerte's Montréal Hebrew Delicatessen is easily the most fornous spot in Montréal to try a smoked meat sandwich. The deli has been using the same recipe of marinated spices and herbs for their smaked beef brisket since it opened in 1928. The line-up is typically filled with both tourists and locals alike, but it's worth the walt for what many consider to be the best smoked meat sandwich in the ally

Related Articles





Tarantais 10 Must-Try Pumpkin Beers



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WEITE

Nova Scotla Donoir

Sometimes colled a Montime donoir or Hallow donair, the Nova Scotia donair is popular late-night street-snack consisting of spicy ground beef inside a moist pita, topped with tomatoes, raw omons, and a sweet sauce made with evaporated milk, garlie powder, tugar, and vinegar. The sweet sauce and use of beef, rather than lamb, distinguishes the Nova Scotia donair from similar dishes like shawarma, doner kebabs, and gytos. The dish is still mainly available on the East Coast, but it's gradually gaining popularity across the whole country.

Where to try It. King of Donoir

Sing

Atmost every lote-night eatery on the East Coost serves donoirs, but King of Donoir continues to be one of the best places to try them. The chain's original Quinpool Road location is said to have invented the Nova Scotia donair in the 1970s.

King of Donalt, 6420 Quinpool Rd Haillak NS Canada, +1 902 421 0000



Nava Scotra Donair I Courtesy Norman Nahos/King of Donair

Saskatoon Berry Ple

Named for the city of Saskatoon, Saskatchewan, these berries are sweet and bluish, and look similar to blueberries. Despite the resemblance, Saskatoon berries actually belong to the same family of fruit as apples and pears but have a drier, earthier flavour. They're excellent right off the bush or in preserves, but are especially popular in golden pies topped with ice cream or whipped cream.

Where to try it. The Berry Born

Suskutoon berries are native to British Columbia, the Canadian Prairies Northern Canada, and parts of the



Saskalaan Berry Piele Army Th.Sodesu/FAckr

Nonliem United States, but they're particularly well-loved in the city they're named for The Berry Barn offers a chance to pick your own berres and finish the experience with a side of homemode Saskatoon berry ple

The Berry Bain B30 Valley Rood, Saskataon, SK. Canado, +1.306.978.9797

Canadian cuisine

From Wikipedia, the free encyclopedia

Canadian cuisine varies widely depending on the regions of the nation. The three earliest cuisines of Canada have First Nations, English. Scottish and French roots, with the traditional cuisine of English Canada closely related to British and Scottish cuisines, while the traditional cuisine of French Canada has evolved from French cuisine and the winter provisions of fur traders. With subsequent waves of immigration in the 19th and 20th century from Central. Southern, and Eastern Europe, South Asia, East Asia, and the Caribbean, the regional cuisines were subsequently augmented.

Contents

- I Definitions
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 - 5.3 Commercially prepared food and beverages
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A small sampling of Canadian foods Top to bottom, left to right Montrealstyle smoked meat, Maple syrup, Peameal bacon, Butter tart, Poutine, Nanaimo bar

Definitions

Although certain dishes may be identified as "Canadian" due to the ingredients used or the origin of its inception, an overarching style of Canadian cuisine is more difficult to define. Some Canadians such as the former Canadian prime minister Joe Clark believe that Canadian cuisine is a collage of dishes from the cuisines of other cultures. Clark himself has been paraphrased to have noted: "Canada has a cuisine of cuisines. Not a stew pot, but a smorgasbord.".^[1]

Some have sought to define Canadian cuisine along the line of how Claus Meyer defined Nordic cuisine in his *Manifesto for the New Nordic Kitchen*; namely that dishes in Canadian cuisine should reflect Canadian seasons, that they should use locally sourced ingredients that thrive in the Canadian climate, and that they are combined with good taste and health in mind.^[2] Others believe that Canadian cuisine is still in the process of being defined from the cuisines of the numerous cultures that have influenced it, and that being a culture of many cultures. Canada and its cuisine is less about a particular dish but rather how the ingredients are combined.^[2]

Cultural contributions

Canadian food has been shaped and impacted by continual waves of immigration, with the types of foods and from different regions and periods of Canada reflecting this immigration.^[2]

Aboriginal peoples

Much of what are considered "Chinese dishes" in Canada are more likely to be Canadian or North American inventions, with the Chinese restaurants of each region tailoring their traditional cuisine to local tastes.^[3] This "Canadian Chinese cuisine" is widespread across the country, with great variation from place to place. The Chinese buffet, although found in the United States and other parts of Canada, had its origins in early Gastown, Vancouver, c.1870. This serving setup came out of the practice of the many Scandinavians working in the woods and mills around the shantytown getting the Chinese cook to put out a stearn table on a sideboard,

National food of Canada

Common contenders as the Canadian national food include:

- Poutine<sup>[9][10][11][12]
 </sup>
- Butter tarts^{[13][14]}
- Kraft Dinner^[15]

According to an informal survey by the Globe and Mail conducted through Facebook from collected comment, users considered the following to be the Canadian National dish, with maple syrup likely above all the other foods if it were considered:^[12]

- 1. Poutine (51%)
- 2. Montreal-style bagels (14%)
- 3. Salmon jerky (dried smoked salmon) (11%)
- 4. Perogy (10%)
- 5. Ketchup chips (7%)
- 6. Nova Scotian Donair (4%)
- 7. California rol! (1%)

In another survey from the Canadian Broadcasting Corporation in the summer of 2012.116

- 1. Maple syrup
- 2. Poutine
- 3. Nanaimo bars, smoked salmon, and butter tarts

Regional

While many ingredients are commonly found throughout Canada, each region with its own history and local population has unique ingredients, which are used to define unique dishes.

Ingredient	Defining Dish	Pacific	Mountain	The Prairies	Ontario	Quebec	Atlantic	Northern
Caribou	Caribou stew				X	х	Х	x
Saskatoon berries	Saskatoon berry jam		x	X	x	fred wall that and a segmentation of the second segmentation of the second segmentation of the second s		al lanna a da ana a
Fiddlehead fems	Boiled fiddleheads				x	x	X	
Cloudberry	Bakeapple Pic			PPP b : Pilling PP bis Aballity Constitution - Boundaries	Alf almo di Conservante	х	X	na da a ser sen recente en presentario de la compositione de la composition de la composition de la composition El composition de la compo
Maple syrup	Pancake topping	1			X	X	X	
Duise	Dulse crisps						x	• • • • • • • • • • • • • • • • • • •
Harp seal	Flipper pie	-		a de la calendar de	energe i i i elektrony elektrony elektrony and i i i i i i i i i i i i i i i i i i i		x	x
Sockey'e Salmon	Smoked Salmon	х						
West Coast Salmon	Cedar-Plank Salmon	x	Part Frank	y g g g			0 Weight States Spring States and Spring States (1997)	
Atlantic Cod	Fish and brewis			1 2 p	1 Ar 1 4	x	X	1 1 1
Winnipeg goldeye	Smoked goldeye	an)	X		And the second s		I
Summer Savory	Dressing	and the second s					x	and a second sec

Ingredients and Defining dishes by Region

Canadian cuisine - Wikipedia, the free encyclopedia

Dish	Description	Pacific	Mountain	The Prairies	Ontario	Quebec	Atlantic	Northern
Calgary-style Ginger beef	Candied and deep fried beef, with sweet ginger sauce.	x	0	x	with the distribution of the second			λάθ το Διμπία Ο μητροπού το μο
Roast beef with yorkshire pudding	Common Sunday dinner in English Canada, especially amongst Canadians of British ancestry.	x	x	x	x	x	x	
Roast Turkey	North American roast turkey	x	x	х	x	x	x	
Baked Beans	Beans cooked with maple syrup		x	x	x	x	x	annantaria anto - annantari data tan - antara E
Jiggs dinner	A Sunday meal similar to the New England boiled dinner	-			Poli (19) (20) (20) (20) (20) (20) (20) (20) (20		0	d for a sector of the dotter without a sector of the
Back or peameal bacon	Called Canadian bacon in the US		x		0		x	
Tourtière	A meat pic made of pork and lard		x	x	x	0		
Montreal-style smoked meat	Deli style cured beef	1	x		x	0	x	
Bannock	A fried bread and dough food	 	x	x	x		x	x
Bouilli	Québécois ham and vegetable potroast	• Philes - Manufile a weaking the weaking the second se	alaya da managina da D dina kitata			0		
Cod tongues and scrunchions	Baked Cod tongue and deep fried pork fat					4	0	
Yellow pea soup	Split pea soup caten by settlers such as the Habitant			0.00	X	x	x	
Poutine .	A dish of fries topped with cheese curds and gravy	x	x	x	x	0	x	x
Montreal-style pagels	A sweet, firm, wood-fired bagel				x	0		
Pemmican	Ground dried meat, fat, and berries	0.000		x		(v) Statements (gapling) is gap (gap)		x
Oka cheese	Cheese originally manufactured by Trappist monks			x	x	0	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	
Flipper pie	Pie made with harp seal flipper			all the second sec	n na se		0	n e sene en regule antés des computer as de
lot Chicken andwich	Chicken (or turkey) sandwich doused in gravy and peas	g minin destrikelingen des en geher en som	x		x	x .	x	1
Foutons	Fried bread from New foundland						0	, , ,
ish and brewis	Salt cod and hardtack, with pork cracklings				the second secon		0	
Rappie pie	Grated potato and meat casserole	en te fonte statu a doctio, e a porque porque a t		All set			0	
Cretons					x	0	,	

0- indicates area of origin								
Dish	Description	Pacific	Mountain	The Prairies	Ontario	Quebec	Atlantic	Northern
	Pork spread containing onions and spices				-			
Poutine râpée	Grated Acadian stuffed potato dumpling		4			Indiana dia manjang manjang sa pang	0	nte 🖗 altre manetina administratione mais, que pres
Nova Scotian Donair	Ground beef doner kebab served with a sweet milk sauce		x		x		0	without in duration of
Garlic Fingers	Dough with cheese, garlic, and sometimes meat on top. Similar to pizza.				x	x	0	3
Lobster Roll	Lobster meat mixed with mayonnaise and served in a toasted hot dog bun		Ces		x	x	0	
Cipaille/Sea-Pic	Fish and meat layered in a pie.				x	0	x	









Inuit bannock fried bread

Calgary-style Ginger Beef

Oka cheese

Montreal smoked meat sandwich



Fish and brewis: salted cod and hard tack



Montreal-style bagels



Canadian peameal bacon



Poutine is made with french fries, curds and gravy.





Oreilles de crisse: Deep fried pork skin and fat

Arctic berries akutaq

Canadian Food: The Most 'Canadian' Foods Include Bacon, Poutine And Maple Syrup

OS and Android app More

October 15, 2015

Page 1 of 8

Canadian Food: The Most 'Canadian' Foods Include Bacon, Poutine And Maple Syrup

The Huffington Post Canada | By <u>Arti Patel and Claire</u> <u>Steemey</u> Patel 03/18/2013 4 47 pm EDT | Updated 07/09/2015 3 58 pm EDT



Saskatoon Berries:

Very similar to blueberries (but a fascinating alternative), Saskatoon berries are native to the Canadian Prairies. British Columbia and Northern Canada. They're also rich in antioxidants and considered one of the world's "superfruits."

Tim Hortons "Double-Double":

A "Double-Double" has become somewhat of a popular slang term for Canadians. It refers to a coffee with two teaspoons of sugar and two teaspoons of cream. How popular is it? In 2011, Tim Hortons even released a "Double-Double-Double-Involved ice cream.

Fiddleheads:

Fiddleheads are curly, edible shoots of fern, often consumed in many provinces seasonally across the country. And like your mother always told you, eat your greens: Fiddleheads are high in potassium and vitamin C.

Swiss Chalet Sauce:

Canadian chain restaurant Swiss Chalet's rotisserie chicken and grilled ribs get a fair amount of attention, but there's always been something special about that secret sauce that people love to pour all over their food. What's in this sauce, you wonder? People have debated this point for a while and we're not exactly sure either. But we can assure you there are no milk, eee or fish modulets in it, (cue the vegetarian sigh of relief). But if you'e still not convinced, try making your own knock-off version.

Montreal Smoked Meat:

Besides bagels, Montreal is also known for its kosher-style smoked meat. <u>Schwartz's in particular</u> has been using the same recipe of marinated spices and herbs in their smoked beef brisket for over 80 years. If you've never been, go early — the deli shop is usually packed with long line-ups.

Halifax Donairs:

This classic East Coast late night food "is to Halifax what the banh mi is to Saigon, the *jombon-beurre* to Paris," says the Globe and Mail. Evolved from the Turkish doner kebab, it's typically made of spiced ground beef that has been shaped and pressed into a large loaf and then roasted on a spit, like shawarma and gyros. It's then usually served on flathread with fresh tomatoes, raw onion and a sweet, garlicky sauce.

Cod Tongue:

If you live in Newfoundland, you probably already know why cod tongue is a local treasure. Cod tongue is usually made by <u>soutcing cod</u> tongue with milk and flour, according to The Globe And Mail.

Pemmican:

Kind of like jerky, permican is a type of dried meat often made from bison or moose. The meat is usually pounded into a powder and mixed with melted fat, berries and other edible bits.

Red Rose Tea:

Canadians drink more than nine billion cups of tea every year, according to the <u>The Empire Of Tea</u>. If you've ever visited a Canadian hotel or even spent enough time at your grandparents' house you've probably <u>seen Red Rose tea bags</u>. How Canadian is Red Rose? They even have a Canadian-blended version.

Foie Gras:

As controversial as it is, Canadian foie gras, particularly from Quebec, is a hot commodity. Foie gras, French for fat liver, is made of liver of a duck that has been through a process called gavage (force-feeding.) But <u>some fole gras is made more ethically</u>.

Oka Cheese:

Oka cheese, a Quebec classic (named after the small village of Oka), is a semi-soft pressed cheese made with cow's milk. Oka's rind is often dark orange and has both a nutty and fruity flavour.

Sugar Pic:

Sugar pie or tarte au sucre, is a common dish found in Quebee. These desserts are made with a flour pie crust and are often filled with butter, flour, cream and maple syrup. They can also be topped with fresh fruits and English cream. Check out this recipe from Canadian Living to make your own.

B.C. Spot Prawns:

Wild B.C. spot prawns are actually the largest of seven species of shrimp found on the West Coast. These prawns are known for their sweet flavour and firm texture. Another fun fact: these prawns are often a reddish-brown colour but turn bright pink when cooked.

Coffee Crisp:

When it comes to food, Canadians concede there's far more selection in the U.S. but we're fiercely proud of the candy bars that can only be found here. <u>Coffee Crisp</u> is a great example. Consisting of a crunchy wafer, milk chocolate coating and slightest hint of coffee flavouring, the chocolate bar is true to its marketing slogan of making 'a nice light snack' and is adored by all moms and seniors. Rumour has it they've been spotted in a few U.S. border town convenience stores. We want proof!

Coesar:

It's the ideal summer drink and hair of the dog when you're hungover. The Caesar, Canada's favourite breakfast, lunch and evening cocktail is essentially a Bloody Mary with <u>Clamato</u> instead of tomato juice. Think of Clamato as a spicy tomato-clam juice. It's typically served with celery and lime in a celery salt-rimmed glass, and it's pretty amazing. (Pleaes don't call it a Bloody Caesar, because that's just wrong.)



2001 KING OF DONAIR MEN'S SOCCER CLUB



by Chris Kallan

A rainhow came out for our entire last reside at the old Halifax West school – the pot of gold thing just stuck in my head," said team captain Mike Hasidk, "It felt like maybe this was finally our desting." Later that week, on

Thanksgiving Monday, a team some felt had perhaps missed its chance at national glory battled poor weather, early starts, shortened games and injuries to nab Nova Scotia's first Canadian soccer championship at any level with a resounding 4-1 victory over B.C.-based Victoria Gorge FC in the final. Several former King of Donair (KOD) stars that helped build the club into a provincial dynasty – including George Kyrcakakos, Tony Pigniatello, Geoff Axell, Jeff Farquhar and Louie Kiovo watched the historic game from the sidelines. A pair of goals by Trevor Reddick put the Nova Scotia champs ap 2-0 at halftime. Hasink who originally joined KOD

in 1990, and ldris Mert added second half goals against a powerful B.C. club that was undefeated with no goals allowed in its four previous games.

Reddick paid tribute to his teammates, but also offered kudos to those who contributed support in various capacities over the years.

"To see so many former players and supporters crying after we wont really made it hit home how hard a lot of people had worked for this one special moment," said Reddick. "That team will go down as the most successful KOD soccer team in history. I feel very proud about that."

Added Hasiuk: "So much of how we prepared and what we learned came from all the players before us. It was a surreal experience."

Reaching the pinnade of the Canadian senior men's soccer club mountain, of course, had its challenges,



Team captain, Mike Hasiuk, receives the national senior mesoccer championship traphy.



Reddick scored a 90%-minute goal against P.E.I. to maintain gold medal aspirations and KOD needed a duce-goal margin of victory against Saskatchewan and responded with a fourgoal win. A freak snowstorm in an earlier round robin game prompted a move to an indoor field and had many players scrambling for proper fortwar.

"We were ready on every level, from the water bottles to management, but the weather really threw a wrench into the mix," said Hasiuk, "It was a bit of a scramble,"

Provincially, Tony Eghan and George latrou coached the club to an 11-0-3 record and first-place tie (extending KOD)s regular season undefeated string to 62 games) to earn a bye into the two game, total-goalfinal against archrival Dunbrack. After a 2-2 draw in the opener, KOD won the second match 2-0 for a 4-2 aggregate victory. Mesut Mert was co-winner of the Golden Boot award and a league all-star. Reddick, Jay Robinson, Tim Mullen and Idris Mert also cracked the all-star roster.

George Athanasiou, Nick Garonis and Takis Mitropolos founded KOD seccer club in 1983. By the time the club folded in 2002, KOD had reached 20 straight provincial finals (including (gold, 2001; silver, 1995; bronze, 1994 and 2002) and ranked third in a 2008 Canadian Soccer Association report listing the most successful club teams of all time.

"We figured we could win a national title within the first five years, but it was harder than we thought," said Athanasiou, CEO of Soccer Nova



DONAIR DATA Career Highlights:

 Toronto, Canadian Senior Men's Club champions, 2001

 NS Senior Soccer Premier Division, first-place tie (11-0-3), 2001

• Five players on league all-star team, 2001

History over 19 years:

• 19 consecutive years in provincial men's finals

10 times provincial champions
 National silver medal, 1995

National bronze medal, 1994

Three times fourth at nationals, 1983, 1992, 1995

Scotia. "A few teams had knocked on the door, but that 2001 championship was historic and a source of great gratitude. It was special."

Chris Kallan covered the Nora Scotia Senior Soccer Longue for the Halifax Daily New from 1998 to 2008. Hei currently a freelance writer in Ottanoa.









Attachment 2

List of Media Mentions Received from Councillor Mosher

<u>Over 83 Different publications...</u> <u>VIDEOS</u>

THE LOOP (VIDEO) http://video.theloop.ca/home/latest-news/watch/halifax-council-debatesdonair/4576103889001/#.Vi4 L-k2 zI

GLOBAL NEWS (VIDEO) <u>http://globalnews.ca/video/2291377/consider-the-donair-halifax-debating-</u> <u>whether-to-name-the-donair-the-official-food-of-the-city/</u>

RADIO CANADA (VIDEO) http://www.radio-canada.ca/widgets/mediaconsole/medianet/7341948

PLUS - VIDEOS ON GLOBAL, RADIO 95.7, VIDEOS ON CTV.

NATIONAL POST

http://news.nationalpost.com/news/canada/halifax-mulls-over-makinghomegrown-delicacy-the-donair-its-official-food 1.5K shares via social media

CBC 1

http://www.cbc.ca/news/canada/nova-scotia/halifax-approves-donair-study-1.3280986

CBC FRENCH

http://ici.radio-canada.ca/regions/atlantique/2015/10/18/003-donairhalifax-nouvelle-ecosse.shtml

CBC 2

http://www.cbc.ca/news/canada/nova-scotia/donair-halifax-official-food-1.3276426 8888 shares via social media

HERALD 1

http://thechronicleherald.ca/opinion/1318298-demont-in-search-of-anidentity-why-stop-at-donairs

HERALD 2

http://thechronicleherald.ca/metro/1317690-on-councils-menu-should-thedonair-be-named-halifaxs-official-food

HERALD 3

http://thechronicleherald.ca/metro/1317817-halifax-council-talks-donairsrail-and-other-varied-topics

METRO 1

http://www.metronews.ca/news/halifax/2015/10/19/halifax-councillorasks-to-make-donair-official-food.html

METRO 2

http://www.metronews.ca/news/halifax/2015/10/20/halifax-looking-atdeclaring-the-donair-its-official-food.html

METRO 3

http://www.metronews.ca/news/halifax/2015/10/22/new-shirt-supportsdonair-as-official-halifax-food.html

VANCOUVER SUN (REPRINT OF NATIONAL POST)

http://www.pressreader.com/canada/the-vancouversun/20151022/281719793435263/TextView

THE COAST

http://www.thecoast.ca/RestaurantandBarNews/archives/2015/10/17/citycouncil-to-look-at-making-the-donair-halifaxs-official-food

GLOBAL NEWS

http://globalnews.ca/news/2290390/unique-and-famous-delicacycouncillor-makes-plea-for-donair-to-be-named-official-food/

GLOBAL NEWS 2

http://globalnews.ca/news/2285265/garlic-spice-and-everything-nice-the-donair-could-be-halifaxs-official-food/

BURNSIDE NEWS

http://www.burnsidenews.com/Provincial-News/2015-10-21/article-4317316/Its-like-a-cult%3A-Halifax-city-council-looking-to-make-it-officialwith-the-donair/1

24News.ca (National Post article) http://www.24news.ca/the-news/canada-news/171605-halifax-mulls-overmaking-homegrown-mystery-meat-delicacy-the-donair-its-official-food

THE STAR (CANADIAN PRESS ARTICLE)

http://www.thestar.com/news/canada/2015/10/23/donairs-cult-like-statusmakes-it-top-choice-for-halifaxs-official-food.html

CITY NEWS (CANADIAN PRESS ARTICLE) <u>http://www.citynews.ca/2015/10/23/meat-lovers-treat-the-donair-could-be-designated-the-official-food-of-halifax/</u>

ALASKA HIGHWAY NEWS (CANDIAN PRESS ARTICLE) <u>http://www.alaskahighwaynews.ca/meat-lovers-treat-the-donair-could-be-designated-the-official-food-of-halifax-1.2093430</u>

GLOBE AND MAIL (CANDIAN PRESS ARTICLE)

http://www.theglobeandmail.com/news/national/donair-could-bedesignated-the-official-food-of-halifax/article26949646/ 331 shares via Facebook

THE MISSISSAUGA NEWS (CANDIAN PRESS ARTICLE) http://www.mississauga.com/news-story/6032339-halifax-considers-donairas-official-food/

LONDON COMMUNITY NEWS (CANDIAN PRESS ARTICLE) http://www.londoncommunitynews.com/news-story/6032339-halifaxconsiders-donair-as-official-food/

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<mark>MATT BONNER (NBA PLAYER)</mark>

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*Video to be released in the near future.