

Mental Health Week May 1-7, 2005

PROCLAMATION

WHEREAS mental health is a precious commodity for people of all ages and walks of life; and

WHEREAS the physical health and emotional well being, as well as the other social determinants of health are linked to mental health; and

WHEREAS increased awareness of the growing importance and value in appreciating positive mental health at home, at work, at school, and at play adds to the strength of the community; and

WHEREAS the Mental Health Foundation of Nova Scotia, encourages people to "Celebrate Mental Health"; and

WHEREAS Mental Health Week is a time to encourage everyone to learn more about ways to maintain and improve mental health;

THEREFORE I, Peter J. Kelly, Mayor of the Halifax Regional Municipality, do hereby proclaim the week of May 1 - 7, 2005 as Mental Health Week in the Halifax Regional Municipality.

Dated at Halifax, Nova Scotia this 26th day of April, 2005.

