



## STROKE MONTH

June 2006


### *Proclamation*

- WHEREAS Over 1,500 Nova Scotians experience a stroke each year, and of those who survive, more than half require ongoing assistance with daily activities; and
- WHEREAS An estimated 144,500 Nova Scotians aged 12 and over have high blood pressure, the most important modifiable risk factor associated with stroke, yet thousands of Nova Scotians are unaware they have high blood pressure; and
- WHEREAS With proper education, lifestyle changes, treatment and monitoring, Nova Scotians can lower their blood pressure and reduce their risk of stroke; and
- WHEREAS The Heart and Stroke Foundation of Nova Scotia's mission is to further the prevention and reduction of death and disability from heart disease and stroke through the support of research, education, and the promotion of healthy living.

THEREFORE, BE IT RESOLVED THAT, I, Peter J. Kelly, Mayor of the Halifax Regional Municipality, do hereby proclaim the June, 2006, as **STROKE MONTH** in the Halifax Regional Municipality

Dated at Halifax, Nova Scotia  
this 30<sup>th</sup> day of May, 2006



  
Peter J. Kelly  
Mayor