

3.



**Taoist Tai Chi Awareness Day
August 30, 2003**

PROCLAMATION

WHEREAS Taoist Tai Chi, an ancient Chinese art, is a series of 108 slow relaxed movements, widely practiced throughout China and it has quickly become popular in Canada; and

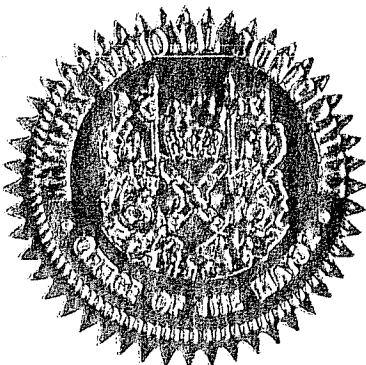
WHEREAS Taoist Tai Chi is a complete exercise system which relieves stress and develops flexibility, strength and coordination; and

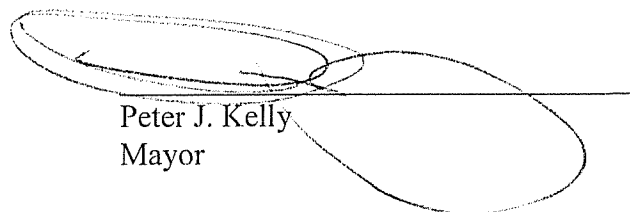
WHEREAS over the years it has proven itself to be an ideal activity for Atlantic Canadians of almost any age and state of health; and

WHEREAS The Taoist Tai Chi Society is commemorating their 33rd Anniversary in Canada, their 23rd Anniversary in Halifax and their 13th in the Atlantic Regional Centre.

Therefore, Be It Resolved, that, I, Peter J. Kelly, do hereby proclaim Saturday August 30th, 2003 as *Taoist Tai Chi Awareness Day* in the Halifax Regional Municipality.

Dated at Halifax, Nova Scotia
this 26th day of August, 2003.




Peter J. Kelly
Mayor